

Community Champion Volunteer

Historic Adoption Peer Support Service

Volunteer Role and responsibilities

Health in Mind is one of Scotland's best-known and trusted mental health organisations. Since 1982, we've been promoting positive mental health and wellbeing in local communities across Scotland.

From our campaigns and collaborations through to our early intervention support and trauma-informed services, we aim to build hope, resilience and understanding of mental health and wellbeing.

The Historic Adoption Peer Support Team offers support to people who have been affected by historic adoption practices in Scotland. As part of the team you would support by: raising awareness and building the profile of the Historic Adoption Peer Support Teams' work, amplifying the voices of people with lived experience and through sharing promotional material in your community.

Role and responsibilities

We're looking for enthusiastic and dedicated people to support Health in Mind's work in whatever way works best for you.

The opportunities will be varied and throughout the year. We need people who are able to raise awareness around what historic adoption practices are and the impact this has had on people with lived experience. You could help with activities such as distributing posters and leaflets to local offices and community spaces, who can share the information with people online, or attending events with a view to promoting and raising awareness of Historic Adoption Peer Support.

If you're keen to champion the work of the Historic Adoption Peer Support Service with Health in Mind in whatever way you can, join our community and see the difference your volunteering can make to people.

Qualities and skills required

Essential

- Enthusiastic and friendly approach
- Lived experience of historic adoption practices in Scotland (as a mother, father, adult adoptee, or other family member affected by these practices)
- Good communication skills

Desirable

- Experience of working with public
- Links with local community
- Proactive approach

Commitment from you

- You will commit to volunteering for ten hours over the year.
- You will volunteer for at least 12 months.

Our Commitment to you

- We will provide support and guidance with our Historic Adoption Peer Development Worker.
- We will share access to Health in Mind training, and other role relevant training identified.
- We will support you to develop your communication, people, organisation and event planning skills while you have fun and meet new people.
- We will share how your volunteering makes a difference to our work and those we support

Last reviewed – August 2023