

Community Champion Volunteer

Income Generation

Volunteer Role and responsibilities

Health in Mind is one of Scotland's best-known and trusted mental health organisations. Since 1982, we've been promoting positive mental health and wellbeing in local communities across Scotland.

From our campaigns and collaborations through to our early intervention support and trauma-informed services, we aim to build hope, resilience and understanding of mental health and wellbeing.

The Income Generation Team works closely to support the delivery of Health in Mind's strategy, vision and purpose by: raising awareness and building the profile of Health in Mind's work and of mental health and wellbeing; raising much needed funds; amplifying the voices of people with lived experience.

Role and responsibilities

We're looking for enthusiastic and dedicated people to support Health in Mind's work in whatever way works best for you.

The opportunities will be varied and throughout the year. We need people to help out at events, collections and stalls happening in your local community, provide much needed cheering for people taking part in a sponsored event, or distribute posters to local offices or community hubs. Maybe it's sharing social media posts, or coming carol singing during December.

We'll contact you when an opportunity comes up and you can let us know if you can volunteer.

If you're keen to champion the work of Health in Mind in whatever way you can, join our community and see the difference your volunteering can make to people experiencing poor mental health and wellbeing.

Qualities and skills required

Essential

- Enthusiastic and friendly approach
- Passion or interest in mental health and wellbeing
- Good communication skills

Desirable

- Experience of working with public
- Strong links with local community

Commitment from you

- You will commit to volunteering for ten hours over the year.
- You will provide two references.
- You will volunteer for at least 12 months.
- You may need to apply for a basic disclosure (which we will reimburse you for) if you want to place Collecting Cans in local venues.

Our Commitment to you

- We will provide support and guidance including optional group supervision in April and November with Community Events Fundraiser.
- We will share access to Health in Mind training, and other role relevant training identified.
- We will support you to develop your communication, people, organisation and event planning skills while you have fun and meet new people.
- We will share how your volunteering makes a difference to our work and those we support

Last reviewed – January 2025